



IRFU CLUB/SCHOOL TEAM PHYSIOTHERAPIST

GUIDELINES OF ROLE AND RESPONSIBILITIES

A physiotherapist for an IRFU Club/School Team should be a registered practitioner with the Irish Society of Chartered Physiotherapists (ISCP) and/or the Chartered Society of Physiotherapy (CSP). The individual should have proficiency in the care of musculoskeletal injuries and conditions encountered in the sport of rugby.

The responsibilities of a Team Physiotherapist in Rugby might include the following:

- Provision of physiotherapy treatment of the players
- Where appropriate, communicate information on player injuries to relevant individuals e.g. team doctor, player GP, parent, coach
- Documentation and confidentiality on player medical information
- Knowledge and training in Emergency Care
- Assist the club in the development and/or maintenance of a medical room and medical facilities
- Assist the club in the development of Medical Policy, injury recording and documentation
- Basic knowledge of the rules and regulations of rugby union and the common mechanisms of injury that may occur