

**Each month you should check your Voluntary Advisory External Defibrillator (AED) to ensure it is working, in-date and easily accessible during any activities.**

When your club or school have a SAFE Rugby Training course on-site, the IRFU SAFE Rugby educators will check your AED and send a copy of their audit to your Medical Liaison Officer and Honorary Secretary to keep on file. However, it is important that **each club or school nominates someone to complete the attached checklist each month.**

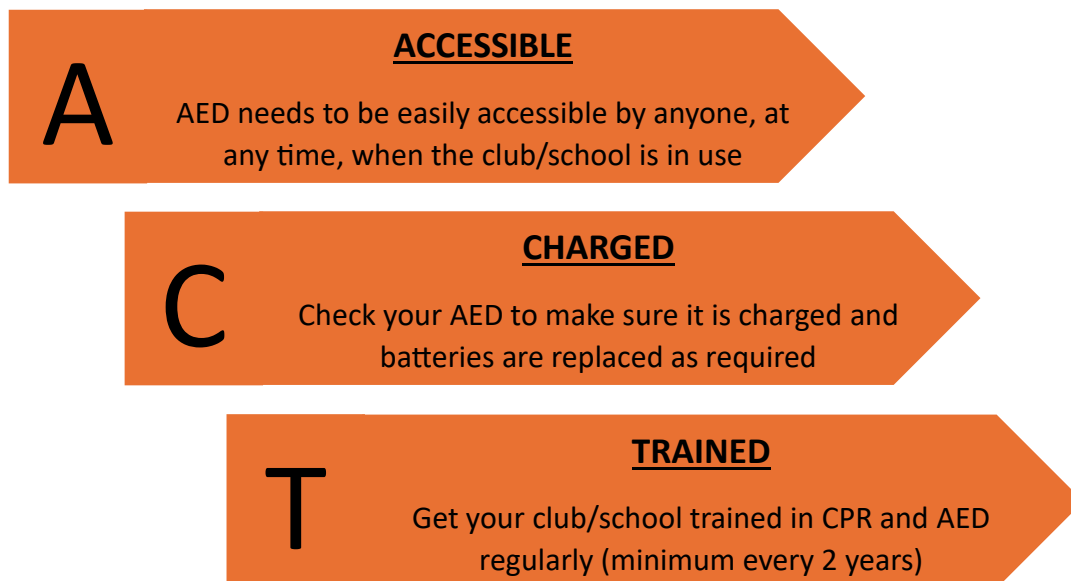
### *Why?*

Thousands of people in Ireland unexpectedly die from cardiac arrest each year. Often the first symptom is sudden collapse where the person is not breathing and has no heartbeat.

**Prompt CPR and defibrillation is the ONLY effective treatment when this happens**

### *How do we make sure the AED is used correctly?*

Clubs and schools need to **ACT** in the correct way.



**All coaches, referees, players and volunteers should be encouraged to participate in a SAFE Rugby Level 1 (first aid) course**

Check out the IRFU website for more information on AEDs or to arrange SAFE Rugby training for your club or school. <https://www.irishrugby.ie/irfu/medical>



## IRFU Voluntary Advisory External Defibrillator Annual Checklist

Date \_\_\_\_\_

Club / School \_\_\_\_\_

Checked by \_\_\_\_\_

Number of AEDs on site \_\_\_\_\_

| AED | Make / Model | Serial Number | Location |
|-----|--------------|---------------|----------|
|     |              |               |          |
|     |              |               |          |
|     |              |               |          |

*Normally the first two digits of the device serial number indicate the year of manufacturer*

*Clubs/schools should consider replacing devices that are older than 10 years.*

### AED Checklist:

- Remove AED from its protective case and inspect for any signs of physical damage, moisture damage or contamination.
- Inspect attached electrode pads and any spare sets of pads (Pad-Paks) for any damage.

|                                                                                        |   |   |
|----------------------------------------------------------------------------------------|---|---|
| Is the AED accessible by anyone at all times when any activity is taking place?        | Y | N |
| Is the Eircode and facility address posted beside all AEDs?                            | Y | N |
| Is the AED unit's status indicator light showing a green/ready signal? *               | Y | N |
| Are the attached AED electrode pads, and any spare pads, within their expiration date? | Y | N |
| Is the AED battery within its manufacturer-specified replacement date?                 | Y | N |
| Device externally clean and free of defects?                                           | Y | N |
| <i>Additional items present and in good order?</i>                                     |   |   |
| - Razor x2                                                                             | Y | N |
| - Towel / absorbent pad x1                                                             | Y | N |
| - Shears x1                                                                            | Y | N |
| - Pocket mask x1                                                                       | Y | N |

*\*If flashing red or not flashing there is an issue with the device and should be replaced*

### Additional information: